

## Leadership Program

### Develop life skills:

- Negotiation
- Problem solving
- Communication.

### Improve:

- Confidence
- Self-esteem
- Relationships
- Fitness, strength and wellbeing.

Equine learning programs have been used for many years and have been life changing for many who have participated.

This program follows a simple format and can be used in conjunction with other professional assistance. There is no horse riding involved. But horses play the major role in this program.

Participants will discover their strengths and weakness and learn about themselves through fun and challenging activities with horses.



## Leighridge Equine Facility

Offers a horse friendly environment in a quiet and private setting.

### Appointment

Date: \_\_/\_\_/\_\_

Time: \_\_\_\_\_

### What to wear

#### Horse riding:

Comfortable clothes to include firm fitting trousers, jeans or tracksuit pants and shoes with a small heel (boots recommended). ASA approved bicycle helmet. Coat for inclement weather.

#### Leadership program:

Comfortable clothes that include firm fitting trousers, jeans or tracksuit pants and closed in shoes with a small heel or sandshoe. Coat/boots for inclement weather and sun hat.

#### What we provide:

- Tea, Coffee and water
- Sunscreen
- Gloves for leadership program.



## LEIGHRIDGE EQUINE FACILITY

- Horse Agistment
- Horse & Rider Training
- Horse Sales & Preparation
- Horse Business Management Consultant
- Nutragrow Produce Agent

**Helen Frangez-Attwood**

*Call for an appointment*

Tel: 03 5265 1027

Mob: 0408 549 878

65 Ryans Road

Inverleigh, Victoria, 3221

[www.leighridge.com.au](http://www.leighridge.com.au)





## Leighridge Equine Facility

Caters for all levels of riders in all disciplines. A horse friendly environment in a quiet, relaxed and private setting.

Leighridge Equine Facility operates a professional team with horse and rider welfare in mind at all times.

Range of services include ownership instruction, exercising and schooling of horses for all levels from full competition to retirement and everything in between, tailored agistment offering flexible support to owners and riders for those times you cannot make it down to the paddock and onsite retail sales of feeds and consumables.

Leighridge Equine Facility train with no gimmicks, or quick fixes. Just solid foundation work to keep the rider and horse safe throughout their relationship.



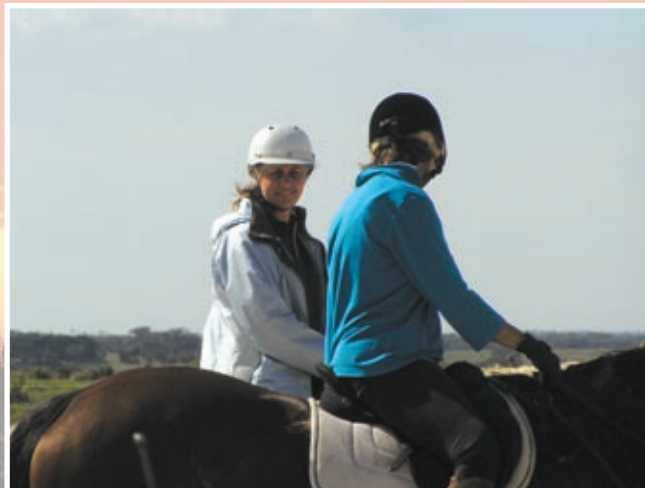
## Leighridge Equine Facility Offers:

### Horse riding:

- Riding lessons from beginners to advanced on your own horse or one of our schooled horses
- Private or semi private lessons
- Mid week and evening lessons.

### Programs:

- Horse handling skills
- Horse care workshops
- Dressage series
- Club days
- Floating
- Problem solving.



## Leighridge Equine Facility Agistment provides:

- Surfaced wet weather outdoor arena with flood lights
- Surfaced round yard
- Stable accommodation with power and water
- Indoor and outdoor yards
- Hosing bay
- Float parking
- Crush
- Private or shared paddocks
- Electric fencing with shelters
- Allocated feed shed
- 50 minutes from Werribee National Equestrian Centre
- Hay for sale
- Produce store for all your feed requirements
- Qualified staff.

Short or long term agistment available. Retired and injured horses undergoing treatment our specialty.

